O3ZONE - THE WOODLANDS

ANTI-AGING * ANTI-INFLAMMATORY * ANTI-BACTERIAL/VIRAL

An Ozone Steam Sauna Therapy Session, sometimes referred to as an "Activated Oxygen" session, is one of the most effective methods of cleansing the body of toxins and enhancing the body's normal metabolic processes. Medical-grade ozone has been in use since the early 1900s and is widely-used around the world today, in countries like Germany, Italy, and Russia. An Activated Oxygen session is one of the most powerful methods of detoxifying and oxygenating the body in existence. Due to the moist heat in the steam sauna, the pores are opened up and the capillaries are dilated to allow for maximum ozone and oxygen absorption through the skin (transdermal infusion). As the ozone enters the body, it immediately oxidizes all toxins in the fat, lymph system, and blood. Ozone is an incredible rejuvenator, normalizer, detoxifier, regenerator, immune enhancer, and physical and mental energizer.

What benefits does ozone therapy offer?

1. Ozone destructs bacterial and viral pathogens by oxidation and purges the body of toxins.
2. Ozone sessions burn about 400 calories per 20-minute session.
3. Ozone detoxifies the body and increases alkalinity pH by 2 points for up to 36 hours.
4. Ozone improves nutrient delivery and accelerates energy production (ATP/Krebs Cycle).
5. Ozone relaxes muscles and joints and reduces lactic acid, allowing for optimum recovery.
6. Ozone reduces inflammation, allowing for proper circulation and natural healing.
7. Ozone strengthens the immune system, including the production of white blood cells.
8. Ozone degrades petrochemicals, which place a heavy burden on the immune system.
9. Ozone significantly increases Interferon Levels.
10. Ozone stimulates the production of Tumor Necrosis Factor (TNF).

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