

Jacob- testimony

I have always had trouble with ADHD, insomnia, and sometimes depression but there was one point where this was resolved from a functional doctor. There were many different supplements and I was avoiding in my diet but I came to a point in my life around 9th grade of high school when I had my self together. I could workout vigorously and sleep super well. When I woke up in the morning, I would see the back of my eye lids and get up excited. The message is, I was doing great.

Around 2011 or 2012 when I had been bitten by a tick with a bullseye rash, as young as I was, I thought I would wait on seeing a doctor till things got bad. Sure enough at some point, symptoms had come up, though not too serious as they did go away. But within about two years my symptoms got worse. It didn't shine on me that these symptoms where from the tick bite yet. We thought it was neurotransmitters to food sensitivities to all kinds of stuff but really none of these explanations went anywhere like it did before. What really caused my symptoms to explode was when my doctor gave me a new medication. The time I was on it was only Two weeks or so but in hindsight because my body reacted so poorly to it, I was at a weak point and the bug(s) really did their thing.

Till my senior year, I dragged. There were some moments in the beginning when I felt like the life was being sapped out of me. My teachers and other classmates were greatly concerned and one kid even said that looked like I'm about to die. I don't blame him. Life was about dogging food sensitivities, trying to sleep whenever my body would let me and doing whatever I could to get a passing grade even though my thinking was the equivalent of that of someone with a bad concussion. When it came to interacting with others, I developed trouble socializing when self-esteem issues and even paranoia came about. At some point we came across someone who had introduced the idea it was Lyme and I eventually tested positive.

High school ended, I had help of some supplements but I ended up having a GPA that I'm not ever sure the school was allowed to let graduate. But this was when the game plan was the focus.

Now that I knew more about what was going on, I needed a treatment option. I tried herbal supplements (multiple kinds at multiple times) but those had a rebound effect and I felt worse. Antibiotic due to the details turned out to not be an option and Lyme doctors are an extreme challenge to afford. I had googled about ozone therapy at one point and came across O3ZONE.

I was a bit nervous but after however long I stayed in bed and absolutely struggling to work or go to school, I would try anything. Ozone sauna turned out to be very simple- just sit in the cabin and relax. I had a strong detox reaction that took me by surprise but within a few weeks, even my friends had noticed a change in me. One told me that my vibe increased and that I used to bring them down by how I was. Other things started to change as well. My wellbeing increased and I could exercise more and sleep better. For the first time in my life I was able to read a book from front to back! (I had some issues before the tick bite) At some point I even went back to work and even school. Honestly, I don't even bother thinking where I would be if I hadn't tried it. The comparison would be dramatic. Too many people that I have met struggling with health and knowing the frustration I have talked my face off too as I know what it feels like to strike gold. Ozone is an extremely powerful tool that I have heard even helps others. It was the jumpstart to getting my life back, This stuff works!